

***Directions to Arthritis Associates of Kingsport***

3 Sheridan Square  
Kingsport, TN 37660  
43-392-6840

**From Gate City**

Via Interstate: Drive in to Weber City towards I-26 on route 36. Merge right onto I-26 towards Kingsport. Take Meadowview Parkway exit and turn left at the bottom of the ramp. Go approximately 0.5 miles towards Wilcox Drive. Proceed through the intersection up the hill towards the rear of Sheridan Square complex. Arthritis Associates of Kingsport is building #3.

**Directions from Bristol**

Via Interstate: Take I-81 South into Tennessee to exit 57B (Kingsport exit), onto I-26 towards Kingsport. Take exit 4 (Wilcox Drive) and proceed through the first traffic light on Wilcox Drive. Turn right at the next traffic light (Meadowview Parkway) into Sheridan Square. Drive up the hill towards the rear of the complex. Arthritis Associates of Kingsport is building #3.

**Directions from Church Hill/Rogersville**

Via Interstate: Take I-11W east through Kingsport. Proceed on I-26 towards Johnson City for approximately 4 miles. Take exit 3 (Meadowview Parkway) and turn left at the bottom of the ramp. Go approximately 0.5 miles towards Wilcox Drive. Proceed through the intersection up the hill towards the rear of Sheridan Square complex. Arthritis Associates of Kingsport is building #3.

**Directions from Johnson City/Gray**

Via Interstate: Take I-26 West towards Kingsport. Take exit number 4 (Wilcox Drive) and proceed through the first traffic light on Wilcox Drive. Turn right at the next traffic light (Meadowview Parkway) into Sheridan Square. Drive up the hill towards the rear of the complex. Arthritis Associates of Kingsport is building #3.

PLEASE ARRIVE 15 MINUTES PRIOR TO YOUR APPOINTMENT TIME.

IF YOU ARE 15 MINUTES LATE FOR YOUR APPOINTMENT, YOU WILL BE RESCHEDULED.

PLEASE BRING A MEDICATION LIST AND/OR MEDICATION BOTTLES TO EACH APPOINTMENT.